



SPECIAL MEETING OF THE HEALTH WELLNESS AND AGING COMMISSION

Meeting Minutes

April 11, 2024, 4:30 p.m.
City Hall, Bldg. A, Executive Conference Room #103
276 Fourth Avenue, Chula Vista, CA

Present: Commissioner Johnson, Commissioner Mallen, Commissioner Martinez, Commissioner Montano, Vice Chair Murphy, Commissioner Orozco-Valdivia, Chair Persichilli

Absent: Commissioner Edwan, Commissioner Hernandez-Nader

Also Present: Carolina Gonzalez, Carlos Rodriguez, Emily Tran, Mark Barnard, Housing Manager Kurz, Karina Lafarga

1. CALL TO ORDER

A special meeting of the Health, Wellness, and Aging Commission of the City of Chula Vista was called to order at 4:37 p.m. in Executive Conference Room 103, located at City Hall Bldg. A, 276 Fourth Ave., Chula Vista, California.

2. ROLL CALL

Carolina Gonzalez called the roll.

3. PUBLIC COMMENTS

None

4. PRESENTATIONS

4.1 Presentation by Lena Huang, Community Engagement Manager, Alzheimer's Association programming and services in Chula Vista, CA.

Lena Huang gave a presentation.

4.2 Presentation by Heather Beck, Client Support Advocate, Legal Aid Society of San Diego services available in Chula Vista.

Heather Beck gave a presentation.

5. ACTION ITEMS

5.1 Discuss and Identify: "Healthy Chula Vista Action Plan" and "Age-Friendly Action Plan" Goals and Objectives

The Commission identified the following topics as priority for further discussion: Mental health, Quality of life in Chula Vista, Safe community, education and working with school districts.

OTHER BUSINESS

6. STAFF COMMENTS

None

7. CHAIR'S COMMENTS

None

8. COMMISSIONERS' COMMENTS

None

9. ADJOURNMENT

The meeting was adjourned at 5:56 p.m.

Minutes prepared by: Carolina Gonzalez, Secretary

Carolina Gonzalez, Secretary