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Sent: Tuesday, November 1, 2022 4:22:38 PM
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Subject: Public Comment - New York Post titled 'San Diego seeing up to 37 marijuana cases a day – mostly psychosis

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Good evening mayor Salas and council members. My name is Becky Rapp, I'm a parent to three teens and public health educator concerned with the growing number of teens and young adults suffering from mental health disorders. The numbers are staggering and only climbing. I'm unable to attend in person tonight but wanted to share with you an article that posted last week in the New York Post titled 'San Diego seeing up to 37 marijuana cases a day – mostly psychosis.' Wow, San Diego County is making headlines in New York pointing out the devastation caused by high-potency marijuana products being sold and consumed by young people and its negative impact on our Emergency Rooms.

Dr. Roneet Lev, an addiction medicine doctor at Scripps Mercy Hospital was quoted, as stating, "We're now counting 37 cannabis-related diagnoses a day, it's been steadily increasing over the years. When I started in the 90's, there was no such thing. Now I see 1-2 cases per shift. And the most common symptom is psychosis."

Ben Cort, who runs a drug and alcohol treatment center stated, "We probably see 20 THC-induced psychosis cases for every one amphetamine-induced psychosis cases.

What's even more concerning is that the article goes on to quote neuroscientist, Christine Miller, an expert on psychotic disorders, she states "One clinical study showed that a moderate dose of pure THC causes psychotic systems in about 40% of people who lack a family history of psychosis.

As Policymakers, it's crucial you look at all sides of this issue. Consulting local doctors and scientists is pertinent to the public health, safety, and welfare of Chula Vista residents. Please take this into consideration and invite healthcare professionals to the table for discussion.

Thank you