

# Monkeypox Briefing

August 9, 2022



# Situation

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- Monkeypox Outbreak:
  - Monkeypox have been reported globally, nationwide, statewide, and locally
  - Confirmed outbreak of a communicable disease
- Declaration of a Local Health Emergency
  - State and local emergency declarations

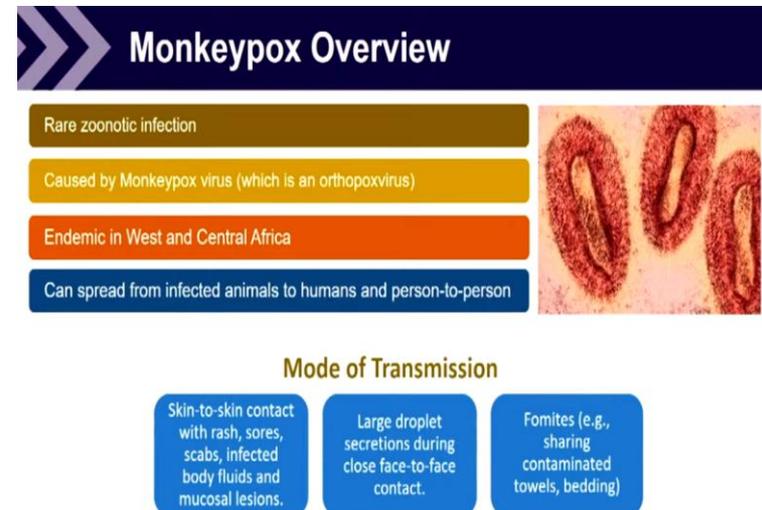
# Situation Details

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Date Outbreak Confirmed	As of data reported 8/9/22, monkeypox confirmed/probable cases include: <ul style="list-style-type: none"><li>• Globally – 31,800 cases</li><li>• Nationally – 9,492 cases<ul style="list-style-type: none"><li>• First case, May 17, 2022</li></ul></li><li>• Statewide – 1,310 cases<ul style="list-style-type: none"><li>• First case, May 27, 2022</li></ul></li><li>• Locally – 98 cases<ul style="list-style-type: none"><li>• First case in San Diego County announced June 15, 2022</li></ul></li></ul>
Number of individuals associated with outbreak?	In San Diego County, there are 98 confirmed/probable cases of monkeypox.
Does this outbreak affect more than one jurisdiction?	Yes, this outbreak affects multiple jurisdictions in San Diego County.

# Background

- ❑ Monkeypox is a rare disease caused by infection with the monkeypox virus.
- ❑ Monkeypox symptoms are similar to smallpox symptoms but are milder and rarely fatal.



# Monkeypox – Signs & Symptoms

- Risk to the general population is low but precaution should still be taken especially for children, pregnant women, and the immunocompromised.
- Monkeypox virus is harder to transmit than other infections like COVID-19.
- The time from infection to symptoms (incubation period) is typically 7 to 14 days, but can range from 5 to 21 days.

Symptoms may precede rash and include:



Fever



Swollen lymph nodes



Chills



Headache



Backache



Muscle aches

The illness typically lasts 2 to 4 weeks

# Monkeypox Presentation



# Monkeypox Response Efforts

## Monkeypox Dashboard



TEST



May 30–  
Aug 04

\*98

Confirmed/Probable Cases by Onset Date



TRACE



74

Contact Incidents Currently Under Investigation



170

Cumulative Contact Incidents



TREAT



170

Antiviral Medication Courses Distributed as of 8/5/2022

*\*A confirmed case has tested positive specifically for monkeypox virus. A probable case has tested positive for orthopox virus with no suspicion of other recent orthopox exposure and is pending confirmatory testing.*

Data as of: August 7, 2022

Dashboard Updated: August 8, 2022

# Monkeypox Vaccination

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## Who Should Get Vaccinated?

Due to the limited supply, vaccines are prioritized to two categories:

**Post-exposure Prophylaxis (PEP)**

**Pre-exposure Prophylaxis (PrEP)**

# Prevent Spread of Monkeypox

## If You Are Sick

1

**ISOLATE**, stay at home and monitor your symptoms.



2

**CONTACT** your healthcare provider to get tested, if you have a rash.



3

**GET TREATMENT**, if needed.



4

**INFORM CLOSE CONTACT(S)**  
Visit [www.tellyourpartner.org](http://www.tellyourpartner.org) for anonymous partner notification.



# Chula Vista Response

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- Coordinating with County Public Health
  - Open lines of communication with the Public Health Officer
  - Receive and implement recommendations from County officials
- Provided education to first responders
  - Target Solutions training material and videos provided to staff for increased awareness, prevention, and protection