

## Agenda

**Date:** Thursday, April 10, 2025  
**Time:** 4:30 p.m.  
**Location:** City Hall, Bldg. A, Executive Conference Room #103  
276 Fourth Avenue, Chula Vista, CA

### Health, Wellness, and Aging Commission Regular Meeting

**Public Comments:** Public comments may be submitted to the Health, Wellness, and Aging Commission in the following ways:

- **In-person comments during the meeting.** Join us for the Health, Wellness, and Aging Commission meeting at the time and location specified on this agenda to make your comments. Each person will be allotted three (3) minutes to address the Commission.
- **Submit an eComment.** Visit [www.chulavistaca.gov/boardmeetings](http://www.chulavistaca.gov/boardmeetings), locate this meeting, and click the comment bubble icon. Click on the item you wish to comment on, then click "Leave Comment."
- **Email comments.** Submit comments via email to [HWAC@chulavistaca.gov](mailto:HWAC@chulavistaca.gov).

The commenting period will close at noon on the day of the meeting. All comments will be made available to the Commission and the public.

*Accessibility: Individuals with disabilities are invited to request modifications or accommodations in order to access and/or participate in a Health, Wellness, and Aging Commission meeting by contacting the Housing and Homeless Services Department at [HWAC@chulavistaca.gov](mailto:HWAC@chulavistaca.gov) (California Relay Service is available for the hearing impaired by dialing 711) at least forty-eight hours in advance of the meeting.*

1. **CALL TO ORDER**
2. **ROLL CALL**  
Commissioners Contreras, Edwan, Guerrero, Hernandez-Nader, Johnson, Mallen, Montano, Murphy, Orozco-Valdivia, and Vice Chair Murphy.
3. **CONSENT CALENDAR (Items 3.1 through 3.2)**  
*The Commission will enact the Consent Calendar staff recommendations by one motion, without discussion, unless a Commissioner, member of the public, or staff requests that an item be removed for discussion. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting or submit an electronic comment per the instructions on page one of this agenda.*
  - 3.1 **Approval of Meeting Minutes** 4  
**Recommended Action:**  
Approve the minutes dated March 13, 2025.
  - 3.2 **Consideration Request for Excused Absences** 8  
Communication from Commissioner Montano requesting excused absence from the March 13, 2025 meeting.  
  
**Recommended Action:**  
Consider requests for excused absences as appropriate.
4. **PUBLIC COMMENT**  
*Persons may address the Commission on any subject matter within the Commission's jurisdiction that is not listed as an item on the agenda. State law generally prohibits the Commission from discussing or taking action on any issue not included on the agenda, but, if appropriate, the Commission may schedule the topic for future discussion or refer the matter to staff. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.*
5. **ACTION ITEMS**  
*The Item(s) listed in this section of the agenda will be considered individually by the Commission and are expected to elicit discussion and deliberation. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.*
  - 5.1 **Change of Frequency of Regular Meetings** 9  
**Recommended Action:**  
Approve resolution changing frequency of regular meetings from the second Thursday of each month to the second Thursday of every other month (August, October, December, February, April, June).

**5.2 FY 24/25 Interim Chair Election**

**Recommended Action:**

Commission to consider election of a chair for the remainder of FY 24/25.

**5.3 Discuss and Identify: HWAC Goals and Objectives**

**Recommended Action:** Commission to discuss previously identified focus areas to set the goals and objectives for each area.

**6. STAFF COMMENTS**

**7. CHAIR'S COMMENTS**

**8. COMMISSIONERS' COMMENTS**

**9. ADJOURNMENT**

to the regular meeting on May 8, 2025, at 4:30 p.m.

*Materials provided to the Health, Wellness, and Aging Commission related to any open-session item on this agenda are available for public review by contacting Commission staff at [HWAC@chulavistaca.gov](mailto:HWAC@chulavistaca.gov)*

*Sign up at [www.chulavistaca.gov/residents/enotification](http://www.chulavistaca.gov/residents/enotification) to receive email notifications when agendas are published online.*

**City of Chula Vista**  
**Regular Health, Wellness, and Aging Commission Meeting**  
**MINUTES**

March 13, 2025, 4:30 p.m.  
City Hall, Bldg. A, Executive Conference Room #103  
276 Fourth Avenue, Chula Vista, CA

Present: Commissioner Edwan, Commissioner Hernandez-Nader,  
Commissioner Johnson, Commissioner Mallen

Absent: Commissioner Montano, Vice Chair Murphy, Chair Orozco-  
Valdivia

Also Present: Abigail Edgar, Emily Tran, Housing Manager Kurz

Minutes are prepared and ordered to correspond to the agenda.

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**1. CALL TO ORDER**

*Commissioner Mallen called the meeting to order at 4:35 p.m.*

**2. ROLL CALL**

*Secretary Edgar called the roll.*

**3. CONSENT CALENDAR (Items 3.1 through 3.2)**

**Moved by** Commissioner Hernandez-Nader

**Seconded by** Commissioner Johnson

Commission approved the recommended action on the below consent calendar items.

Yes (4): Commissioner Edwan, Commissioner Hernandez-Nader, Commissioner Johnson, and Commissioner Mallen

**Result:Result, Carried (4 to 0)**

**3.1 Approval of Meeting Minutes**

Approve the minutes dated June 13, 2024.

**3.2 Consideration Request for Excused Absences**

Consider requests for excused absences as appropriate. There were no requests received.

**4. PUBLIC COMMENTS**

Robert spoke regarding various topics.

Daniel Harrison spoke about options for hearing impaired individuals.

**5. ACTION ITEMS****5.1 Amendment to Council Policy #840-04 on Public Vending Machines in City Facilities**

*Alishia Zaldivar, Regional Director of Canteen, provided an overview of Canteen's roles and responsibilities.*

*Daniel Harrison and Robert spoke on the item.*

**Moved by** Commissioner Hernandez-Nader  
**Seconded by** Commissioner Mallen

Review the proposed amendment to Council Policy #840-04, allow for public comment, and provide an advisory recommendation to Council.

Yes (4): Commissioner Edwan, Commissioner Hernandez-Nader, Commissioner Johnson, and Commissioner Mallen

**Result:Result, Carried (4 to 0)**

**5.2 Change of Frequency of Regular Meetings**

*Management Analyst Tran, and Housing and Homelessness Director Kurz, provided an update on the frequency of meetings.*

*Robert spoke in opposition of the item.*

*There was a consensus of the Commission to discuss item at a future meeting.*

**Moved by** Commissioner Hernandez-Nader  
**Seconded by** Commissioner Mallen

To table the item until the next regular meeting.

Yes (4): Commissioner Edwan, Commissioner Hernandez-Nader,  
Commissioner Johnson, and Commissioner Mallen

**Result:Result, Carried (4 to 0)**

**5.3 FY 24/25 Interim Chair Election**

*Management Analyst Tran, provided an update on the upcoming chair election.*

*Robert spoke on the item.*

*There was a consensus of the Commission to discuss item at a future meeting.*

**Moved by** Commissioner Mallen

**Seconded by** Commissioner Hernandez-Nader

To table the item until the next regular meeting.

Yes (4): Commissioner Edwan, Commissioner Hernandez-Nader,  
Commissioner Johnson, and Commissioner Mallen

**Result:Result, Carried (4 to 0)**

**6. STAFF COMMENTS**

*None.*

**7. CHAIR'S COMMENTS**

*Commissioner Mallen provided an overview of the commission's future goals.*

**8. COMMISSIONERS' COMMENTS**

*Commissioners Johnson and Hernandez-Edwan stated the importance of commission meetings and the necessity to continue them regularly. The commissioners shared ideas for future meetings.*

**9. ADJOURNMENT**

*The meeting was adjourned at 5:24 p.m.*

*Minutes prepared by: Abigail Edgar, Secretary*

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Abigail Edgar, Commission Secretary

DRAFT

**REQUEST FOR EXCUSED ABSENCE**

City of Chula Vista Boards, Commissions, and Committees

Name: Monica Montano Date of Absence: 3-13-2025

Board/Commission/Committee: Health, Wellness & Aging Commission

Chula Vista Municipal Code section 2.25.110 (C) allows board/commission/committee members, by a majority vote, to excuse a fellow board, commission, or committee member’s absence from a meeting for any of the reasons listed below. **A member who is absent from three consecutive, regular meetings will be deemed to have vacated his or her membership, unless the member’s absence is excused by a majority vote of the other members.** An absence is only recorded as “excused” upon receipt of a member’s request and majority vote of the board/commission/committee to excuse the absence. Accordingly, if you have been absent from a regular meeting, please complete and submit this form to the chair or secretary.

Please indicate the reason for the absence:

- 1. Illness of the member, family member of the member, or personal friend of the member;
- 2. Business commitment of the member that interferes with the attendance of the member at a meeting;
- 3. Previously scheduled vacation of the member, notice of which was provided to the respective board or commission in advance of the meeting;
- 4. Attendance of the member at a funeral, religious service or ceremony, wedding, or other similarly significant event;
- 5. Unexpected, emergency situation that prohibits the member’s attendance; or
- 6. Other reason for which the member has given notice to the secretary of his or her unavailability at least seven days in advance of the meeting.

OR

The absence was not for any of the above-listed reasons. I understand that the absence will be recorded as unexcused.

I certify the reason for the absence indicated above is true and correct.

Member’s Signature: [Redacted] Date: 4-2-2025

*If completed by secretary or staff to board/commission/committee:*

Completed on member’s behalf by: \_\_\_\_\_, per member’s  Verbal  Written request  
on: \_\_\_\_\_ (date) (secretary/liaison’s name)



RESOLUTION NO. 2025-01

RESOLUTION OF THE HEALTH, WELLNESS, AND AGING  
COMMISSION OF THE CITY OF CHULA VISTA CHANGING  
THE FREQUENCY OF REGULAR MEETINGS

WHEREAS, Chula Vista Municipal Code 2.47.050 Health, Wellness, and Aging Commission Resolution No. 2023-01 establishes the second Thursday of each month at 4:30 p.m. in Room C-103, located at City Hall (Building #A), 276 Fourth Avenue, Chula Vista, California 91910 as the day, time, and location for the Health, Wellness, and Aging Commission to hold its regular meetings; and

WHEREAS, Municipal Code Section 2.25.200 provides for a change in meeting frequency upon adoption by the board/commission of a written resolution, which adoption shall be recorded in the minutes of the board/commission and a copy of which resolution shall be forwarded to the City Council; and

WHEREAS, the Health, Wellness, and Aging Commission wishes to change its meeting frequency to every other month to facilitate member attendance.

NOW, THEREFORE, BE IT RESOLVED that the Health, Wellness, and Aging Commission of the City of Chula Vista, pursuant to Municipal Code § 2.25.200, does hereby change the frequency of its regular meetings to the second Thursday of every other month (August, October, December, February, April, June) at 4:30 p.m. in Room C-103, located at City Hall (Building #A), 276 Fourth Avenue, Chula Vista, California 91910.

Approved as to form by

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Marco A. Verdugo, City Attorney

Resolution No. [Resolution Number]  
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[THIS PAGE IS ADDED AFTER THE RESOLUTION IS ADOPTED DO NOT ADD TO THE  
AGENDA]

PASSED, APPROVED, and ADOPTED by the Health, Wellness, and Aging Commission  
of the City of Chula Vista, California, this \_\_\_ day of \_\_\_\_\_, 202\_, by the following vote:

AYES: Commissioners: [Last names of commissioners in favor]

NAYS: Commissioners: [Commissioners opposed or "None"]

ABSENT: Commissioners: [Commissioners absent or "None"]

\_\_\_\_\_  
Elizabeth Murphy, Vice-Chair

ATTEST:

\_\_\_\_\_  
Abigail Edgar, Commission Secretary

STATE OF CALIFORNIA     )  
COUNTY OF SAN DIEGO    )  
CITY OF CHULA VISTA     )

I, **Abigail Edgar**, Secretary of the **Health, Wellness, and Aging Commission** of the City of  
Chula Vista, California, do hereby certify that the foregoing Resolution No. **2025-01** was duly  
passed, approved, and adopted by the **Health, Wellness, and Aging Commission** at its regular  
meeting held on the \_\_\_ day of \_\_\_\_\_ 202\_.

Executed this \_\_\_ day of \_\_\_\_\_, 202\_.

\_\_\_\_\_  
[Secretary's Name], Commission Secretary