

Agenda

Date: Thursday, March 13, 2025
Time: 4:30 p.m.
Location: City Hall, Bldg. A, Executive Conference Room #103
276 Fourth Avenue, Chula Vista, CA

Health, Wellness, and Aging Commission Regular Meeting

Public Comments: Public comments may be submitted to the Health, Wellness, and Aging Commission in the following ways:

- **In-person comments during the meeting.** Join us for the Health, Wellness, and Aging Commission meeting at the time and location specified on this agenda to make your comments. Each person will be allotted three (3) minutes to address the Commission.
- **Submit an eComment.** Visit www.chulavistaca.gov/boardmeetings, locate this meeting, and click the comment bubble icon. Click on the item you wish to comment on, then click "Leave Comment."
- **Email comments.** Submit comments via email to HWAC@chulavistaca.gov.

The commenting period will close at noon on the day of the meeting. All comments will be made available to the Commission and the public.

Accessibility: Individuals with disabilities are invited to request modifications or accommodations in order to access and/or participate in a Health, Wellness, and Aging Commission meeting by contacting the Housing and Homeless Services Department at HWAC@chulavistaca.gov (California Relay Service is available for the hearing impaired by dialing 711) at least forty-eight hours in advance of the meeting.

1. CALL TO ORDER**2. ROLL CALL**

Commissioners Edwan, Hernandez-Nader, Johnson, Mallen, Martinez, Montano, Morgan Murphy, Orozco-Valdivia, and Vice Chair Murphy.

3. CONSENT CALENDAR (Items 3.1 through 3.2)

The Commission will enact the Consent Calendar staff recommendations by one motion, without discussion, unless a Commissioner, member of the public, or staff requests that an item be removed for discussion. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting or submit an electronic comment per the instructions on page one of this agenda.

3.1 Approval of Meeting Minutes**Recommended Action:**

Approve the minutes dated June 13, 2024.

3.2 Consideration Request for Excused Absences**Recommended Action:**

Consider requests for excused absences as appropriate.

4. PUBLIC COMMENTS

Persons may address the Commission on any subject matter within the Commission's jurisdiction that is not listed as an item on the agenda. State law generally prohibits the Commission from discussing or taking action on any issue not included on the agenda, but, if appropriate, the Commission may schedule the topic for future discussion or refer the matter to staff. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.

5. ACTION ITEMS

The Item(s) listed in this section of the agenda will be considered individually by the Commission and are expected to elicit discussion and deliberation. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.

5.1 Amendment to Council Policy #840-04 on Public Vending Machines in City Facilities**Recommended Action:**

Review the proposed amendment to Council Policy #840-04, allow for public comment, and provide an advisory recommendation to Council.

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5.2 Change of Frequency of Regular Meetings

13

Recommended Action:

Approve resolution changing frequency of regular meetings from the second Thursday of each month to the second Thursday of every other month (August, October, December, February, April, June).

5.3 FY 24/25 Interim Chair Election

Recommended Action:

Commission to consider election of a chair for the remainder of FY24/25.

6. STAFF COMMENTS

7. CHAIR'S COMMENTS

8. COMMISSIONERS' COMMENTS

9. ADJOURNMENT

to the regular meeting on April 10, 2025 at 4:30 p.m.

Materials provided to the Health, Wellness, and Aging Commission related to any open-session item on this agenda are available for public review by contacting Commission staff at HWAC@chulavistaca.gov

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REGULAR MEETING OF THE HEALTH, WELLNESS, AND AGING COMMISSION

Meeting Minutes

June 13, 2024, 4:30 p.m.
City Hall, Bldg. A, Executive Conference Room #103
276 Fourth Avenue, Chula Vista, CA

Present: Commissioner Johnson, Commissioner Martinez, Commissioner Montano, Vice Chair Murphy, Commissioner Orozco-Valdivia, Chair Persichilli

Absent: Commissioner Edwan, Commissioner Hernandez-Nader, Commissioner Mallen

Also Present: Carolina Gonzalez, Emily Tran

1. CALL TO ORDER

A regular meeting of the Health, Wellness, and Aging Commission of the City of Chula Vista was called to order at 4:30 p.m. in Conference Room A103, located at City Hall Bldg. A, 276 Fourth Ave., Chula Vista, California.

2. ROLL CALL

Secretary Gonzalez called the roll.

Carolina Gonzalez joined the meeting at 4:30 pm.

Emily Tran joined the meeting at 4:30 pm.

Commissioner Johnson joined the meeting at 4:30 pm.

Commissioner Montano joined the meeting at 4:30 pm.

Vice Chair Murphy joined the meeting at 4:30 pm.

Commissioner Orozco-Valdivia joined the meeting at 4:30 pm.

Chair Persichilli joined the meeting at 4:30 pm.

3. PUBLIC COMMENTS

Robert Johnson - Spoke regarding commission meeting calendar and accessibility of the meeting to the public.

4. ACTION ITEMS

4.1 Approval of Meeting Minutes

Minutes approved.

Moved by Commissioner Johnson

Seconded by Commissioner Orozco-Valdivia

4.2 Presentation by Deputy City Manager, Courtney Chase: Keeping Chula Vista Safe, Clean and Well-Maintained, A Status Update on Measure P.

Courtney Chase gave presentation.

Commissioner Martinez joined the meeting at 4:41 pm.

4.3 Presentation by Community Relations Manager, Sergio Martinez and team: Sharp Chula Vista Medical Center’s resources and service.

Sergio Martinez gave presentation.

4.4 Presentation by Community Outreach Representative, Pablo Corona: Elder Law Advocacy, and HICAP program.

Pablo Corona gave presentation.

4.5 ChulaVista Older Adults & Seniors: Housing Support Initiative

Emily Tran spoke about Chula Vista Adults and Seniors housing support initiative survey. Commissioners to provide feedback on next HWAC meeting.

OTHER BUSINESS

5. STAFF COMMENTS

None.

6. CHAIR'S COMMENTS

None.

7. COMMISSIONERS' COMMENTS

Commissioner Mallen commented about having a microphone at meetings.

Commissioner Orozco-Valdivia requesting information about the homeless shelter.

8. ADJOURNMENT

The meeting was adjourned at 5:36 p.m.

Minutes prepared by: Carolina Gonzalez, Secretary

Patricia Salvacion, Secretary

City of Chula Vista Boards & Commissions

Health Wellness and Aging Commission

March 13, 2025

Item No. 5.1

ITEM TITLE

Amendment to Council Policy #840-04 on Public Vending Machines in City Facilities

Location: No specific geographic location

Department: Housing and Homeless Services

G.C. § 84308 Regulations Apply: No

Environmental Notice: The activity is not a “Project” as defined under Section 15378 of the California Environmental Quality Act State Guidelines. Therefore, pursuant to State Guidelines Section 15060(c)(3) no environmental review is required. Notwithstanding the foregoing, the activity also qualifies for an Exemption pursuant to Section 15061(b)(3) of the California Environmental Quality Act State Guidelines. Under the National Environmental Policy Act (NEPA), the activity is exempt pursuant to Title 24, Part 58.34(a)(2)(3) of the Code of Federal Regulations.

Recommended Action

Review the proposed amendment to Council Policy #840-04, allow for public comment, and provide an advisory recommendation to Council.

SUMMARY

The City of Chula Vista has a longstanding commitment to promoting public health, as demonstrated by previous initiatives such as the Healthy Eating, Active Communities (HEAC) initiative adopted in 2006 and the Healthy Chula Vista Action Plan adopted in January 2016. These initiatives included strategies to increase access to healthy food options and overall wellness.

At this time, staff is reviewing the existing Council Policy #840-04 and proposing amendments to ensure that all internal vending machines adhere to sustainable and health-conscious food policies, while still providing flexibility to the City to procure a reliable contractor.

ENVIRONMENTAL REVIEW

The Director of Housing and Homeless Services has determined that the proposed action does not constitute a "Project" under Section 15378 of the CEQA Guidelines and qualifies for an exemption under Section 15061(b)(3). Therefore, no further environmental review is required.

DISCUSSION

Background

In 2006, the City Council approved a variety of policies aimed at fostering a healthier community, including the HEAC initiative, which focused on improving food environments to combat obesity and diabetes. One of the key recommendations was to enhance the nutritional quality of vending machine offerings in City facilities.

The City recognized the importance of providing healthier food and beverage options in public spaces, particularly within facilities that serve children, seniors, and community members who rely on vending machines for snacks and refreshments and adopted Council Policy #840-04 on XX via Resolution No, XX (the "Policy"), requiring all public vending machines in City-owned properties to comply with updated state nutrition standards and guidelines.

Around 2016, upon adoption of the Healthy Chula Vista Action Plan, it was noted that the vending contractor was not in compliance with the Policy and over the next year staff worked with the City's Procurement team to solicit a new contractor and bring the contents of vending machines into compliance with the Policy.

Through the procurement process, the City identified that there was not a single operator that could service all thirty-eight (38) machines within the City and had to enter into two separate agreements with contractors.

Current Challenges

Over the past two year, the City's vending contractors have been less responsive to requests with machine malfunctions, maintenance requests, and general restocking of machines, resulting in the need to procure a new vendor(s).

Pursuant to Municipal Code Section 2.56.090, on February 9, 2024, a request for Proposal (RFP) was issued and advertised under RFP No. P22-2024. The City received two proposals, and selected Compass Group USA, Inc., through its [Canteen Division](#) (Canteen) as the most qualified. Agreement number 2024-267 is effective as of October 1, 2024, through September 30, 2027, with the option to extend for two (2), one (1) year terms through September 30, 2029.

Through discussions with Canteen, staff recognized that factors such as the size of our account, commissioning sharing model, and adjustments to the mix of vending may be required to make financial sense for all parties to contract. Specifically, Canteen has a "[Choice Plus](#)" line which provides healthy alternatives, which closely aligns with nutrition standards already set in the Policy. However, based on existing Canteen contracts and experience providing Choice Plus at 100% in machines, they did not recommend this model nor would service such for Chula Vista. One of the specific criteria that Canteen monitors closely is the average monthly waste (items that have expired and need to be removed and disposed of). Canteen desires less than 2.4% waste across the entire account. A few recent case models that were shared:

- Kaiser – Currently Kaiser does require 100% of Choice Plus contents in their machines and has a 6.2% waste rate. Anecdotally staff at Kaiser often provide negative feedback about contents, even debating whether artificial sweeteners in beverages such as diet soda is 'healthier' than natural sugar beverages.

- Scripps – Maintains 50% of machine contents with Choice Plus.
- UCSD – System provides a Red-Yellow-Green status of machine contents whereby Green meet all Choice Plus standards and red are considered the ‘unhealthy’ items. The net result is also an approximate 50% split in machines.

In October 2024 the City contracted with Canteen and since that time has seen a 1.2% waste rate.

Proposed Amendments

The proposed amendments to Council Policy #840-04, per attachment 1, include the following provisions:

- **Beverage Standards:** 50% of all beverages in each vending machines shall meet Choice Plus standards.
- **Snack Standards:** 50% of all snacks and foods in each vending shall meet Choice Plus standards.

Staff recommends the amendments recognizing the challenges faced in procuring a reliable and responsive contractor that makes financial sense for all parties. The alternative at this time would be for the Commission to repeal the policy since it is not currently compliant with the procured contract.

CURRENT-YEAR FISCAL IMPACT

There is no new fiscal impact through the adoption of amendments to Council Policy #840-04.

ONGOING FISCAL IMPACT

None by this action.

ATTACHMENTS

1. Proposed Redline Amendments to Council Policy #840-04 on Public Vending Machines in City Facilities

*Staff Contact: Emily Tran, Management Analyst II
Stacey Kurz, Director of Housing and Homeless Services*



Council Policy

CITY OF CHULA VISTA

Policy No.:

840-04

Effective:

5/23/2006TBD

Title: **Public Vending Machines in City Facilities**

PURPOSE

It is the goal of the City of Chula Vista and in the interest of public health to provide healthy options in all public vending machines located in City of Chula Vista facilities including, but not limited to, parks, community centers, gymnasiums, libraries and any other City of Chula Vista building, structure or complex.

The purpose of this policy is to establish nutritional standards for the food and drinks that are appropriate for vending to the public at City of Chula Vista facilities and set guidelines for vendors to stock machines.

The nutrition standards are based on standards set by California SB 19, the Pupil Nutrition, Health, And Achievement Act of 2001, SB 12, the School Nutrition Standards, and recommendations from the San Diego Regional Nutrition Network and Healthy Eating, Active Communities, an initiative of the California Endowment.

POLICY

All public vending machines at any City of Chula Vista facility shall meet the following nutrition standards.

1. Beverages: 50% of all Beverages in each vending machine shall meet the criteria in Section A. Beverages are limited to a portion size no greater than 12 ounces (no limit on water). Note: If juices were available in smaller sizes portions (6 ounces), they would be preferred.
 - a. Beverages offered in each vending machine shall be one or a combination of the following:
 - i. Water Unsweetened still and sparkling flavored and unflavored waters
 - ii. Non Fat or 1% low fat milk (including soy or cow's milk, chocolate or other flavored milk — not containing more than 15 grams of added sugar per 250 gram serving or 3 tsp sugar per 1 — cup milk) Low-fat and non-fat dairy and non-dairy milk, both sweetened and unsweetened. Items must be 150 calories or less per package
 - iii. 100% fruit/vegetable juice Fruit juice that is at least 50% juice with no added sweetener that is 150 calories or less per package
 - iv. Fruit based drinks containing at least 50% juice and no added caloric sweeteners Vegetable juice or fruit-vegetable juice blends that are 100% juice with no added sweeteners. These juices should be 150 calories or less per package and have 150 milligrams or less of sodium

- v. ~~All other non-caloric beverages, including diet sodas~~
 - vi. ~~Sports Drinks less than or equal to 100 calories~~ Zero-calorie sweetened beverages (excluding energy drinks and drinks with more than 150 milligrams of sodium per package)
 - vii. Lightly sweetened beverages with 80 calories or less per package and 150 milligrams or less of sodium
 - viii. Unsweetened coffee, tea, and coconut water
2. Snacks/Foods: 50% of all Snacks/foods offered in each vending machine shall meet all the criteria in Section A ~~per individual package:~~
- a. Criteria per individual package:
 - i. No more than 250 calories
 - ii. ~~Not~~ more than 35% of calories from fat with the exception of nuts and seeds; snack mixes and other foods of which nuts are a part of must meet the 35% standard
 - iii. ~~Not~~ more than 10 grams of fat, of which no more than 3 grams of ~~calories from~~ saturated fat, 0 grams of trans fat.
 - iv. ~~Not more than 35% total weight from sugar and caloric sweeteners with the exception of fruits and vegetables that have not been processed with added sweeteners or fats~~
 - v. Not more than ~~230~~360 mg of sodium per serving.
 - vi. No more than 20 grams of sugar per serving.
 - b. At least one item meeting the snack criteria in each vending machine shall also meet the FDA definition of "low sodium" (less than 140 mg per serving)
 - c. It is recommended that vending machines have items that contain at least 2 grams of dietary fiber
 - d. It is recommended that snack foods do not contain trans fats added during processing (hydrogenated oils and partially hydrogenated oils)

PROCEDURE

The nutrition standards shall apply as follows:

- 1. Facilities

All public ~~and employee~~ vending machines in City Of Chula Vista facilities.

- ~~• 100% of the contents of the snack vending machines located in these facilities will be required to meet the nutrition standards.~~
- ~~• 100% of the contents of the drink vending machines located in these facilities will be required to meet the nutrition standards.~~

2. Implementation

The policy shall be implemented not later than 90 days from the date hereof and enforced by contract administrator and/or the designee.

Resolution No.	Adoption Date
2006-160	05/23/06
2006-160	05/23/06

RESOLUTION NO. 2025-01

RESOLUTION OF THE HEALTH, WELLNESS, AND AGING COMMISSION OF THE CITY OF CHULA VISTA CHANGING THE FREQUENCY OF REGULAR MEETINGS

WHEREAS, Chula Vista Municipal Code 2.47.050 Health, Wellness, and Aging Commission Resolution No. 2023-01 establishes the second Thursday of each month at 4:30 p.m. in Room C-103, located at City Hall (Building #A), 276 Fourth Avenue, Chula Vista, California 91910 as the day, time, and location for the Health, Wellness, and Aging Commission to hold its regular meetings; and

WHEREAS, Municipal Code Section 2.25.200 provides for a change in meeting frequency upon adoption by the board/commission of a written resolution, which adoption shall be recorded in the minutes of the board/commission and a copy of which resolution shall be forwarded to the City Council; and

WHEREAS, the Health, Wellness, and Aging Commission wishes to change its meeting frequency to every other month to facilitate member attendance.

NOW, THEREFORE, BE IT RESOLVED that the Health, Wellness, and Aging Commission of the City of Chula Vista, pursuant to Municipal Code § 2.25.200, does hereby change the frequency of its regular meetings to the second Thursday of every other month (August, October, December, February, April, June) at 4:30 p.m. in Room C-103, located at City Hall (Building #A), 276 Fourth Avenue, Chula Vista, California 91910.

Approved as to form by

Marco A. Verdugo, City Attorney

Resolution No. [Resolution Number]

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[THIS PAGE IS ADDED AFTER THE RESOLUTION IS ADOPTED DO NOT ADD TO THE AGENDA]

PASSED, APPROVED, and ADOPTED by the Health, Wellness, and Aging Commission of the City of Chula Vista, California, this ___ day of _____, 202_, by the following vote:

AYES: Commissioners: [Last names of commissioners in favor]

NAYS: Commissioners: [Commissioners opposed or "None"]

ABSENT: Commissioners: [Commissioners absent or "None"]

Elizabeth Murphy, Vice-Chair

ATTEST:

Abigail Edgar, Commission Secretary

STATE OF CALIFORNIA)
COUNTY OF SAN DIEGO)
CITY OF CHULA VISTA)

I, **Abigail Edgar**, Secretary of the **Health, Wellness, and Aging Commission** of the City of Chula Vista, California, do hereby certify that the foregoing Resolution No. **2025-01** was duly passed, approved, and adopted by the **Health, Wellness, and Aging Commission** at its regular meeting held on the ___ day of _____ 202_.

Executed this ___ day of _____, 202_.

[Secretary's Name], Commission Secretary