



City of Chula Vista – City Council Boards & Commissions

Health Wellness and Aging Commission

Agenda

REGULAR MEETING OF THE HEALTH WELLNESS AND AGING COMMISSION

Date: Thursday, June 13, 2024
Time: 4:30 p.m.
Location: City Hall, Bldg. A, Executive Conference Room #103
276 Fourth Avenue, Chula Vista, CA

Health, Wellness, and Aging Commission Regular Meeting

Public Comments: Public comments may be submitted to the Health, Wellness, and Aging Commission in the following ways:

- **In-person comments during the meeting.** Join us for the Health, Wellness, and Aging Commission meeting at the time and location specified on this agenda to make your comments. Each person will be allotted three (3) minutes to address the Commission.
- **Submit an eComment.** Visit www.chulavistaca.gov/boardmeetings, locate this meeting, and click the comment bubble icon. Click on the item you wish to comment on, then click "Leave Comment."
- **Mail or email comments.** Submit comments via email to HWAC@chulavistaca.gov or by mail to Housing and Homeless Services Department, 276 Fourth Ave, Chula Vista, CA 91910.

The commenting period will close at noon on the day of the meeting. All comments will be made available to the Commission and the public.

Accessibility: Individuals with disabilities are invited to request modifications or accommodations in order to access and/or participate in a Health, Wellness, and Aging Commission meeting by contacting the Housing and Homeless Services Department at HWAC@chulavistaca.gov (California Relay Service is available for the hearing impaired by dialing 711) at least forty-eight hours in advance of the meeting.

1. CALL TO ORDER**2. ROLL CALL**

Commissioners Edwan, Hernandez-Nader, Johnson, Mallen, Martinez, Montano, Murphy, Orozco-Valdivia, and Chair Persichilli,

3. PUBLIC COMMENTS

Persons may address the Commission on any subject matter within the Commission's jurisdiction that is not listed as an item on the agenda. State law generally prohibits the Commission from discussing or taking action on any issue not included on the agenda, but, if appropriate, the Commission may schedule the topic for future discussion or refer the matter to staff. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.

4. ACTION ITEMS

The Item(s) listed in this section of the agenda will be considered individually by the Commission and are expected to elicit discussion and deliberation. If you wish to speak on any item, please fill out a "Request to Speak" form and submit it to the Secretary prior to the meeting.

4.1 Approval of Meeting Minutes

Approve the minutes dated: April 11, 2024

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4.2 Presentation by Deputy City Manager, Courtney Chase: Keeping Chula Vista Safe, Clean and Well-Maintained, A Status Update on Measure P.

Commission to hear the presentation.

4.3 Presentation by Community Relations Manager, Sergio Martinez and team: Sharp Chula Vista Medical Center's resources and service.

Commission to hear the presentation.

4.4 Presentation by Community Outreach Representative, Pablo Corona: Elder Law Advocacy, and HICAP program.

Commission to hear the presentation.

4.5 ChulaVista Older Adults & Seniors: Housing Support Initiative

Staff to present purpose, outcome, and initiative process. Commission to review and provide recommendations to survey questions.

OTHER BUSINESS**5. STAFF COMMENTS****6. CHAIR'S COMMENTS****7. COMMISSIONERS' COMMENTS**

8. ADJOURNMENT

to the regular meeting on July 11, 2024, at 4:30 p.m.

Materials provided to the Health, Wellness, and Aging Commission related to any open-session item on this agenda are available for public review by contacting Commission staff at HWAC@chulavistaca.gov



SPECIAL MEETING OF THE HEALTH WELLNESS AND AGING COMMISSION

Meeting Minutes

April 11, 2024, 4:30 p.m.
City Hall, Bldg. A, Executive Conference Room #103
276 Fourth Avenue, Chula Vista, CA

Present: Commissioner Johnson, Commissioner Mallen, Commissioner Martinez, Commissioner Montano, Vice Chair Murphy, Commissioner Orozco-Valdivia, Chair Persichilli

Absent: Commissioner Edwan, Commissioner Hernandez-Nader

Also Present: Carolina Gonzalez, Carlos Rodriguez, Emily Tran, Mark Barnard, Housing Manager Kurz, Karina Lafarga

1. CALL TO ORDER

A special meeting of the Health, Wellness, and Aging Commission of the City of Chula Vista was called to order at 4:37 p.m. in Executive Conference Room 103, located at City Hall Bldg. A, 276 Fourth Ave., Chula Vista, California.

2. ROLL CALL

Carolina Gonzalez called the roll.

3. PUBLIC COMMENTS

None

4. PRESENTATIONS

4.1 Presentation by Lena Huang, Community Engagement Manager, Alzheimer’s Association programming and services in Chula Vista, CA.

Lena Huang gave a presentation.

4.2 Presentation by Heather Beck, Client Support Advocate, Legal Aid Society of San Diego services available in Chula Vista.

Heather Beck gave a presentation.

5. ACTION ITEMS

5.1 Discuss and Identify: "Healthy Chula Vista Action Plan" and "Age-Friendly Action Plan" Goals and Objectives

The Commission identified the following topics as priority for further discussion: Mental health, Quality of life in Chula Vista, Safe community, education and working with school districts.

OTHER BUSINESS

6. STAFF COMMENTS

None

7. CHAIR'S COMMENTS

None

8. COMMISSIONERS' COMMENTS

None

9. ADJOURNMENT

The meeting was adjourned at 5:56 p.m.

Minutes prepared by: Carolina Gonzalez, Secretary

Carolina Gonzalez, Secretary